

Wellness Works for You

Custom Programs for a Happier, Healthier Workplace.

Ala Carte

Bring Wellness to the Workplace with minimal
Interruption to the Work Day!



- **Blood Pressure Screenings:** \$65 / hr.
- **Influenza Vaccines:** priced annually
- **Total Lipid Profile and Glucose (finger-stick- results in 10 min.):** \$39 / per person
- **Total Cholesterol and Glucose (finger-stick- results in 10 min.):** \$32 / per person
- **PSA; Men's Prostate Specific Antigen:** \$40.00 / per person
- **HBA1c; Diabetes Screening:** \$35.00 / per person
- **Complete Metabolic Panel:** \$79.00 /per person
- **Health Risk Assessment (HRA):** priced per group.
- **Chair Massage:** \$60 / hr.
- **Stress Busters!** Employees receive blood pressure screenings by an RN followed by a relaxing 5 min. chair massage.
Information on Stress Reduction and Heart Health!
Cost: \$150.00 / hr.

(Health Screenings include: Blood Pressure, BMI, Weight. optional Hip Waist Ratio and Body Fat Analysis)