

**Wellness Works** for you

Custom Programs for a Happier, Healthier Workplace.

# Health Risk Assessment HRA

*A Measure of ones Lifestyle and Health Risks*

The HRA is a confidential, easy to read assessment and report designed to assess an individuals health status.

Answers to a persons health and lifestyle questions as well as Biometrics are analyzed and compiled into an Individual Wellness Report.

The Individual Wellness Report suggests preventative lifestyle changes to reduce health risks.  
A Graphic Corporate Summary Report is available for management.

*Cost for paper and pencil version: \$12.95 pp. - mailing \$1.50 pp - report \$75.00*

*Cost for online version: (100-499) : \$20.00 pppyear*

*Includes unlimited access to Wellness Portal and Challenges*

*- Employee support cost and Administrative costs additional -*

*Call: 330 714-2465*